# Loren Groenendaal, CMA, MFA, BA

Philadelphia, PA lorengroenendaal@gmail.com

## Curriculum Vitae 2002-2023

Academic Education
Certificate in Laban Movement Analysis/Bartenieff Fundamentals2010-2012Laban/Bartenieff Institute of Movement Studies, New York, NY and College Park, MD
Master of Fine Arts in Choreography2007-2010The University of North Carolina at Greensboro, Greensboro, NC, 3.94 GPA2007-2010
<b>Effective Teaching Theory and Practice</b> , Temple University, Philadelphia, PA Spring 2006
Bachelors of Arts, Dance (Choreography) and Visual Arts1998-2002Oberlin College, Oberlin, OH, 3.50 GPA1998-2002
Teaching Experience in Higher Education
Adjunct Professor, <i>Elements of Dance</i> , Rowan University, Glassboro, NJ Fall 2023- present
Adjunct Professor, Movement Workshop for Dancers and ActorsFall 2019-Fall 2023Muhlenberg College, Allentown, PAFall 2019-Fall 2023
Commissioned Choreographer, En-Route: A Festival of Site Specific DanceSpring 2021Muhlenberg College, Allentown, PASpring 2021
<b>Invited Guest Lecturer</b> , Balinese Dance October 24, 2013, March 13, 2014 & March 10, 2021 Muhlenberg College, Allentown, PA
<b>Discussion Facilitator</b> , first year seminar: <i>A Paradise Built in Hell</i> by Rebecca Solnit Fall 2020 The Center of Ethics, Muhlenberg College, Allentown, PA
Adjunct Faculty, Foundations of Dance EducationSpring 2018Temple University, Philadelphia, PA
Guest Teaching Artist, Improvisation, The University of the Arts, Philadelphia, PA Spring 2017
Teaching AssistantFebruary 3, 2013- May 9, 2015Laban/Bartenieff Institute of Movement Studies, New York, NY and College Park, MD
Adjunct Faculty, Laban Movement Analysis, DeSales University, Center Valley, PA Spring 2014
Guest Teaching Artist, Partnering, Towson University, Towson, MD April 5 & 19, 2013
<b>Guest Artist/Instructor, Gravity Partner</b> , <i>Laban MA and Contact Improv</i> Jan 28- Feb 2, 2013 Juniata College Theatre Department, Huntingdon, PA
Invited Guest Lecturer, Bartenieff Fundamentals for efficiency and partneringJan 22, 2013Arcadia University Theatre Department, Glenside, PA

Invited Guest Lecturer, Laban & Balinese Dance & Music University of Pennsylvania Music Department, Philadelphia, PA	November 8, 2012
<b>Invited Guest Artist</b> , <i>Composition with Costumes and Objects</i> Temple University Dance Department, Philadelphia, PA	April 1, 2011
Guest Instructor, Somatics, University of the Arts, Philadelphia, PA	Spring 2011
Lead Instructor University of North Carolina at Greensboro Dance Department, Greens -Dance Appreciation for Dance majors and non-majors, Online and in- -Advanced Beginning Contemporary Technique for dance majors and n -Technique, choreography, repertory, and improvisation for non-majors	classroom ninors
Guest Artist/Lecturer, <i>Balinese Dance</i> University of North Carolina at Greensboro Dance Department, Greens	August 2008-May 2010 boro, NC
<b>Teaching Assistant</b> University of North Carolina at Greensboro Dance Department, Greens -Dance Appreciation, American Dance History, Contact Improvisation j non-majors, Improvisation for dance majors	
Professional Teaching Experience	
<b>Contemporary Modern Dance for Adults Instructor</b> Cardell Dance Studio, Philadelphia, PA	September 2022-present
Founder and Facilitator of monthly Underscore rotating venues, Philadelphia, PA	May 18, 2013- present
<b>Founder, Facilitator, and Instructor</b> Weekly Contact Jam, Philly PARD, Headlong, then online, and outside,	March 3, 2011- present Philadelphia, PA
<b>Co-organizer and Instructor</b> Weekly Contact Improvisation Class, Headlong and outside, Philadelph	2011-present ia, PA
<b>Teaching Artist</b> , <i>Contact Improvisation: Finding the Wetland Inside Yo</i> Texas Dance Improvisation Festival, Texas Women's University, Dentor	
Facilitator of Philadelphia Global UnderscoreJune 201Headlong & Mascher Space Cooperative, Philadelphia, PA	13-2017 & June 2020-2022
Faculty, Dissolving Doors; Festival of Compositional Improvisation Mascher Space Cooperative, Philadelphia, PA	June 19-23, 2019
<b>Contemporary Modern Dance Class for Adults Instructor</b> University City Arts League, Philadelphia, PA	April 2016-May 2019

**Core Fitness Class** (a somatic workout) Oct 2015-Jan 2017, April 2017-December 2017 Freelance and Take The Lead Studio on Pine, Philadelphia, PA

<b>Contact Improvisation Guest Instructor</b> by invitation Class before the <i>Thursday Jam</i> , Finnish Hall, Berkeley, CA <i>CI class for all levels</i> , Hungry Mother State Park, Marion, VA Zouk N' Play, The Claridge Hotel, Atlantic City NJ <i>Embracing Awkwardness and CI Basics</i> , Lila Yoga, State Colle Partnering, LMA, Outside eye with ROMPUS, Philadelphia, PA Mascher Space Cooperative, Philadelphia, PA Master Class for Community, Whole Gallery, Baltimore, MD Master Class for Flux/us Dance Projects, Baltimore, MD Class for Beginners for Fundraiser at Studio 34, Philadelphia, F	A May 31, 2016 Spring 2014 March 15, 2013 August 20, 2012
Ballet Dance TeacherSTake the Lead Studio on Pine, Philadelphia, PA	September 2015-January 2017
<b>Introduction to Laban Movement Analysis, 20 hour course</b> The Whole Shebang, Mascher Space Cooperative, Philadelphia, PA	Spring 2014 & 2016
Improvisation Workshop Instructor, Graffito Works, Philadelphia,	PA January 10, 2016
<b>Introduction to Bartenieff Fundamentals, 16 hour course</b> Philly PARD and Mascher Space Cooperative, Philadelphia, PA	Spring 2014, March 2015
<b>Partnering Instructor</b> for <i>Architecture of Two</i> co-taught with Katherine Kiefer Stark, Cultivate Dance Festival, Bet	August 10, 2012 hlehem, NH
Intermediate Modern Guest Teacher Philly Performance Arts Research & Development (PARD), Philadel	November 2010 phia, PA
<b>Dance Summer Resident Artist</b> , Modern Technique for Adults, Abington Art Center, Jenkintown, PA	June-August 2005
Improvisational Performance in Dance	
<i>Free Float by Free Fleet</i> Studio 34, Philadelphia, PA	November 17, 2023
<b>Improvisational Performer, </b> <i>Xfest</i> Winters 2015, 2016, 2017, 2 Gateway Center Arts, City Hall, Holyoke; The Firehouse, Worchester & Pond Eddy, NY	2019 & 2020 & Summer 2022 r; UTEC, Lowell, MA,
Improvisational Performer, <i>Xfest</i> , online February	26, 2021 and March 5, 2022
Improvisational Performer with Philadelphia Compositional Impro	ovisation Lab Ensemble

mprovisational Performer with Philadelphia Compositional Improvisation Lab EnsembleDigital Dissolving Doors, Zoom and Facebook LiveAugust 7, 2020 & March 20, 2021Dissolving Doors, Mascher Space Cooperative, Philadelphia, PAJune 22, 2019

Scratch Night curated by Megan Bridge, FringeArts, Philadelphia, PAJune 3, 2019Duets with Strangers, 954 Movement Collective, Philadelphia, PAMay 30, 2019
Curator and Performer of Free improvisation with various collaboratorsmonthly-seasonal H-O-T Series of Philadelphia, Philadelphia, PAMay 2013- October 2019
Instructor and PerformerJuly 27, 2019The People's Intensive in Compositional Improvisation by <i>The Lovelies</i> , Triskelion, NYC, NY
Improvisational Dancer with musicians Tim Motzer and Tobias RalphJanuary 11, 2019Movement Sound Experiment, Mascher Space Cooperative, Philadelphia, PA
Site-Specific Solo Improvisation invited and produced by Stephanie LeathersSITES, Black Wall Street Plaza, Durham, NCApril 20 and 22, 2018
Improvisational Dancer with dancer Curt Haworth and musician Tim MotzerArete Gallery, Brooklyn, NYMarch 3, 2018
Improviser with Asimina Chremos, Curt Haworth, id m theft able, & Kristen Stakethe Unsavory Associates, Frantasia, Livermore Falls, MEAugust 19, 2017
Improvisational Dancer with electronic musician Sebastian Darkly Petsu.December 5, 2014Curated by <i>Fire Museum Presents</i> at Pageant: SoloveevElectronic musician Darkly Petsu.
Company Dancer with Graffito Works, site-specific danceInspired by Cassils exhibit of Melt Carve Forge, PAFA, Philadelphia, PAJanuary 18, 2017Inspired by exhibit of Boaz Vaadia, Grounds for Sculpture, Hamilton, NJJuly 9, 2016"Procession" inspired by the art of Norman Lewis, PAFA, Philadelphia, PAMarch 9, 2016Shofuso Japanese House, Philadelphia, PAJune 14, 2015
Improvisational Performer, <i>Frantasia</i> , Livermore Falls, ME August 2013, 2014, 2015, 2016
Dancer, 2 <sup>nd</sup> Mini Sound Improv Festival, The Cannery, Penobscot, ME August 22, 2016
Improvisation, <i>Good Thang</i> , Sommerville Armory, Sommerville, MA March 25, 2016
Improvisations with <i>Collapss and Friends</i> , Empire Books, Greensboro, NC March 22, 2016
Free and Structured Improvisation with experimental percussionist Flandrew FleisenbergCollapss and Friends, Empire Books, Greensboro, NCMarch 22, 2016Woolwine, Blacksburg, VAMarch 20, 2016Red Room, Normals Books, Baltimore, MDFebruary 20, 2015 & March 18, 2016Frantasia, Livermore Falls & Jay, MESummer 2013, 2014, 2015Salonukkah, Brooklyn, NYDecember 18, 2014Plunging Into Stream , PhiladelphiaDecember 6 & 7, 2014Chailey Mansion, Newburyport, MAMarch 30, 2013Panoply, Brooklyn, NYFebruary 13, 2013Sky Dive, Philadelphia, PANovember 30, 2012Sonorium, Griffen Theatre, Salem, MANovember 3, 2012

Grab Bag, <fidget>, Philly Fringe Festival,</fidget>	Philadelphia, PA	September 4-5, 2011
<b>Performer and Curator,</b> <i>NowHere Festival of Free</i> Mascher Space Cooperative, Temple University, Gir	-	<i>d and Movement</i> October 19-25, 2015
<b>Site-Specific Improvisation</b> with <b>Flux/us Dance P</b> Liam Flynn's, Joe Squared, Baltimore, MD	Projects in <i>Akimbo</i> September 15, 2012 and	l September 15, 2013
Flancy dance, Boston, MA	October 21, 2011 a	and February 4, 2012
Studio Series with trombonist Dan Blacksberg, Stud	lio34, Philadelphia, PA	May 29, 2010
Studio Series with keyboardist Troy Herion, Studio	34, Philadelphia, PA	June 27, 2009
<i>Measured Improvisation</i> directed by John Gamble <i>Departmental Concert</i> , UNCG Dance Theater, The		December 7-8, 2007 lina Greensboro, NC
<i>the rashomon effect</i> dance, music, and video directed by <b>perpetual mvn</b>	nt <>snd, Mascher Space	March 3, 2007 e Cooperative, PA
<ul> <li>Dancer for Philadelphia New Dance and Music E and Dance, directed by Nicole Bindler directed by Asimina Chremos, The Perform Games Without End, Philly Fringe, Masche My Little Monstrosity Casania Studio, Camb Natural Habitat, Mascher Space Cooperativ The Disappearing Floor Beyond Structure, Blind Date, Community Education Center P</li> <li>Dance and Music Improvisation</li> </ul>	mance Garage, Philadelph er Space Co-op, PA S bridge, MA ve, Philadelphia, PA Theatre Project, Baltimor Philadelphia, PA	nia, PA Nov 11, 2006 eptember 9-10, 2006 May 26, 2006 May 6, 2006 re. March 30, 2006 October 14, 2005 October 30, 2006
with Gene Coleman's Ensemble N_ JP, Community		-
<ul> <li>Mascher Dance Group and musicians Mikeronesia</li> <li>Improvisation curated by Bowerbird with Dustin I Nexus Gallery, Philadelphia, PA</li> <li>Comedy/Theatre Improvisation Performation</li> </ul>	Hurt, Carlos Santiago, &	May 6, 2006 Joseph Whitt April 21, 2006
<i>Incantation:</i> Improv Double Feature Octobe Comedy Sportz, Adrienne Theatre, Philadelphia, PA	er 13, November 3, 10, D	ecember 1 & 8, 2023
<i>Confluence</i> Free Philly Fringe, Mascher Space Cooperative, Phi		eptember 9-10, 2023
<b>Choreography and Creative Works</b>		
<i>From the City to the Wetland</i> with BORBs <i>Under the Bridge Fest</i> , FDR Park, Philadelphia, PA		September 30, 2023

Duet for the End of Time, Abyss of Birds & Dance of Fury HERE, Cardell Dance Studio Philadelphia, PA	October 21, 2023
Quantum Gravity Loop Semi-Composed: Chaos/Order, Mascher Space Co-op, Philadelphia, PA	June 16, 2023
<i>The and Something and Everything Game</i> with Miryam Coppersmith <i>Semi-Composed: Chaos/Order</i> , Mascher Space Co-op, Philadelphia, PA	June 16, 2023
Herons, Swallows, and Mind Murmuration with BORBs Semi-Composed: Chaos/Order, Mascher Space Co-op, Philadelphia, PA	June 16, 2023
<b>Tangle of Rainbows</b> (excerpt for <b>Quartet for the End of Time</b> ) Fresh Juice 2023, Icebox Project Space, Philadelphia, PA CultureFest! Penn Museum, Philadelphia, PA	June 2, 2023 March 11, 2023
Mind Murmuration, UCAL Showcase, The Rotunda, Philadelphia, PA	April 22, 2023
The Heron, East Coast Jam, Claymont Mansion, Charles Town, WV	April 15, 2023
We are Fractals of Ourselves, CultureFest! Penn Museum, Philadelphia, PA	March 11, 2023
Free Fleet, CultureFest! Widener Auditorium, Penn Museum, Philadelphia, F	PA March 11, 2023
<i>I am a Fractal of Myself</i> The Rotunda, Philadelphia, PA Mascher Space Cooperative at Headlong, Philadelphia, PA	December 17, 2022 November 5, 2022
Duet for the End of Time (excerpt for Quartet for the End of Time) CultureFest! Widener Auditorium, Penn Museum, Philadelphia, PA Visions, Miniball, Christ Church Neighborhood House, Philadelphia, PA	March 11, 2023 A December 15, 2022
<i>Free Fleet</i> co-directed with Curt Haworth June 26, 2021 & S Mascher Space Cooperative at Hawthorne Park & outside, Philadelphia, PA	September 24, 2022
Aflame, Fresh Juice Festival, 2223. Fish, Philadelphia, PA	June 17, 2022
Philadelphia 2021 Global Water Dance, Penn Treaty Park, Philadelphia, PA	June 12, 2021
Between sky and Earth, everywhere flowers, En-Route, Muhlenberg College	May 7-9, 2021
<i>Regenerating Hope</i> , dance for camera Filmed in Philadelphia 2020-2021, Screened in Durham, NC at SITES: RESE	February 27, 2021
Membranes in the Field, University City Arts League, Philadelphia, PA	December 13, 2019
Ravishing and Ravenous, Swan Song, Mascher Space Cooperative, Philadelp	ohia. Nov 9, 2019
Surrender and Support Inhale, ChiMAC, Philadelphia, PA Afternoon of Dance, Awbury Arboretum, Philadelphia, PA	August 24, 2019 June 8, 2019 Loren Groenendaal CV 6

In the Light in the Park, Jefferson Square, Philadelphia, PA	March 23, 2019
Tidal River, University City Arts League, Philadelphia, PA	December 14, 2018
In the Light (durational seasonal music dance performance, sunrise to sunse Autumn, Iron Factory, Philadelphia, PA Summer, Iron Factory, Philadelphia, PA Spring, Mascher Space Cooperative, Philadelphia, PA Winter, Rigby Mansion, Philadelphia, PA	et) September 15, 2018 June 16, 2018 March 25, 2018 January 13, 2018
In the Light excerpts Ten Tiny Dances, Mascher Space Cooperative, Philadelphia, PA Old City Fest, Philadelphia, PA Carnival de Resistance Midway, Philadelphia, PA July 27-22 The Naked Stark's Series of Informal Events, Mascher, Philadelphia, P	October 26-27, 2018 October 7, 2018 8 & August 3-4, 2018 PA Dec 17, 2017
<i>Phasic</i> Scratch Night, Fringe Arts, Philadelphia, PA Block Party, University City Arts League, Philadelphia, PA MICI, Franklin & Marshall College, Lancaster, PA	April 2, 2018 December 15, 2017 June 23, 2017
<b>Pulsing</b> Muscle Memory, Stella Elkins Gallery, Tyler School of Art, Phila, PA Frantasia, Livermore Falls, ME	October 6, 2017 August 18, 2017
<ul> <li>0.03 grams Cantharidin with pianist Melinda Faylor Semi-Composed: Metamorphosis, The Performance Garage, Phila, PA Making the Rounds, Rigby Mansion, Philadelphia, PA Andrea Clearfield's Salon, Philadelphia, PA Get your Gamel-On! Greenwich House Music School, NYC, NY On the Edge of Red, UNCG Dance Theatre, Greensboro, NC</li> </ul>	A Aug 12, 2017 March 12 & 13, 2017 November 27, 2011 September 23, 2011 August 28-29, 2009
of changes with pianist Melinda Faylor Semi-Composed: Metamorphosis, The Performance Garage, Phila, PA 2 <sup>nd</sup> Mini Sound Improv Festival, The Cannery, Penobscot, ME Frantasia, Livermore Falls, ME Impermanent Society of Philadelphia presents, Rigby Mansion, Phila, Grey Matter, <fidget> Fall Experimental Music Festival, Phila, PA</fidget>	August 22, 2016 August 18, 2016
<i>Eternity Bird</i> (work in progress for <i>Quartet for the End of Time)</i> The Naked Starks' <i>Series of Informal Events,</i> Philadelphia, PA <i>Frantasia</i> , Livermore Falls, ME	October 15, 2017 August 17, 2017
Swarm!	
Semi-Composed: Metamorphosis, The Performance Garage, Phila, PA In the time Before I Knew You: Dances of Making Contact, Washingto Cage Hop, The Secret Theatre, Queens, New York, NY	•

Last Mondays, Broad Street Ministry, Philadelphia, PAApril 30, 2012Work-in-progress in Open Performance, Movement Research, NYC, NYApril 4, 2012
Additive AccumulationMaking the Rounds, Headlong & UC Arts League, Philadelphia, PAMarch 12 & 13, 2017Semi-Composed, Mascher Space Cooperative, Philadelphia, PAJanuary 7, 2017Additive +, NWAA, Chris White Gallery, Wilmington, DEJuly 8, 2016
Presence of MassMaking the Rounds, Philadelphia, PAMarch 12-13, 2017InHale Performance Series with Nathan Dawley, Philadelphia, PAMay 13, 2016Nice and Fresh Series with Megan Wilson Stern, Philadelphia, PAFeb 19 & 20, 2016
With the Roundwith contact improviser Nathan Dawley and pianist Melinda FaylorMaking the Rounds, Mascher Space Cooperative, Philadelphia, PAMarch 10, 2017Fresh Juice, Mascher Space Cooperative, Philadelphia, PANovember 11-12, 2016
Installment 1 (green)Making the Rounds, Rigby Mansion Philadelphia, PAMarch 11, 2017Making the Rounds, Mascher Space Cooperative, Philadelphia, PAMarch 10, 20172013 Philadelphia Dance Showcase, Performance Garage, Philadelphia, PA April 16, 2013Vervet and Friends Dance Performance, Mascher Space Co-op, Phila, PAETC. Series, Community Education Center, Philadelphia, PAFebruary 5-6, 2011
Be[ Jing in collaboration with Megan Wilson Stern with cast contributionsJune 18, 2016Overlapping Kinespheres, Mascher Space Cooperative, Philadelphia, PAInterface
<b>Company Dancer</b> and <b>Project Coordinator</b> with <i>Graffito Works</i> June 12, 2016 ensemble site-specific improvisation with Shofuso Japanese House and Garden, Philadelphia, PA
<i>Green to the Extreme</i> with Janna Meiring and Connor Przybyszewski May 21, 2016 Gorilla Theatre Presents Mysterious Masked Man Variety Show, Sera Phi, Philadelphia, PA
<i>From Above</i> , Good Thang, Sommerville Armory, Sommerville, MA March 25, 2016
1 Step Forward in collaboration with Flandrew Fleisenberg with audience participationGuest Performance at Collegiate School, Richmond, VAMarch 23, 2016The Tinker, Roanoke, VAMarch 19, 2016Frantasia, Livermore Falls, MEAugust 2015
Project Director and Company Dancer with Graffito Works with Jenny Roe Sawyerwith Robert Lobe sculptures, Grounds for Sculpture, Hamilton, NJJune 6 & Nov 12, 2015
Boing! in collaboration with Flandrew FleisenbergPhilly Fringe Festival, Mascher Space Cooperative, Phila, PAMay 29 & Sept 18-19, 2015Scratch Night, FringeArts, Philadelphia, PAMay 4, 2015
<i>Giving In Fresh Juice</i> , Mascher Space Cooperative, Philadelphia, PA November 7-8, 2014

Sharing Water in collaboration with Flandrew Fleisenberg, Frantasia, Jay, ME August 22, 2014

Installment 2 (purple)	
In the Time Before I Knew You: Dances of Making Contact	
Jack Guidone Theater, Washington DC	June 29, 2014
Sky Dive, Philadelphia, PA	November 30, 2012
Cage Hop, The Secret Theatre, Queens, New York, NY	September 10, 2012
Flancy Dance, Flopera House, Boston, MA	October 21, 2011
Hybridge Arts' Last Mondays, Broad Street Ministry, Philadelphia, PA	-
Movement Research's Open Performance, Dance Theater Workshop, I	NYC March 9, 2011
ColorFULL, Mascher Space Cooperative, Philadelphia, PA	May 23-25, 2014
Installment 6 (red) H-O-T Series, Mascher Space Cooperative, Philadelphia	, PA May 10, 2014
Processional in collaboration with Flandrew Fleisenberg	
Biennial of Performance and Sound Art, The Quarry, Acton, MA	September 7, 2013
Frantasia, Livermore Falls/Jay, ME	August 23, 2013
Installment 4 (yellow)	
Inhale Series, ChiMAC, Philadelphia, PA	January 31, 2014
H-O-T Series, Mascher Space Cooperative, Philadelphia, PA	July 10, 2013
	•
Installment 3 (orange)	L-1- 24 2012
Makers & Shakers, Mascher Space Cooperative, Philadelphia, PA	July 24, 2013
Green Space Blooms, Green Space, Queens, NY	April 22, 2012
Flancy Dance Part Deux, Flopera House, Boston, MA	February 4, 2012
Grab Bag, <fidget>, Philly Fringe Festival, Philadelphia, PA</fidget>	September 4-5, 2011
Tape Work, mixed media performance/installation with percussionist Flandr	_
Flopera House, Boston, MA	April 27, 2013
Vervet and Friends Dance Performance, Mascher Space, Phila, PA	April 13, 2013
Whole Gallery, Baltimore, MD	March 15, 2013
Gallery 109, Brooklyn, NY	March 8, 2013
O.U.R. Gallery, Philadelphia, PA	February 19, 2013
Oberlin Conservatory, Oberlin, OH	February 17, 2013
Toledo Bellows, Toledo, OH	February 16, 2013
Ornamentation	
2013 Philadelphia Dance Showcase, Performance Garage, Philadelphi	ia, PA April 16, 2013
Vervet and Friends Dance Performance, Mascher Space Co-op, Phila,	-
WAXWorks, Triskelion Theater, New York, NY	June 24, 2012
Inhale Series, CHI Movement Arts Center, Philadelphia, PA	November 18, 2011
The Mosaic Dance Festival, The FUNKtion Dance Complex, NJ	August 6, 2011
My Baby Loves a Bunch of Authors	April 10, 2013
A flash mob on Free Library of Philadelphia employees, Parkway Central, P	-
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a small HUGE thing, co-choreographed with Katherine Kiefer Stark	
<i>Cultivate,</i> Bethlehem, NH, <i>Last Mondays</i> , Broad Street Ministry, Philadelphia, PA,	August 11, 2012 July 30, 2012
<i>Vernacularities</i> , MFA Thesis Concert UNCG Dance Theater, The University of North Carolina at Greensboro, Gree	March 26-27, 2010 ensboro, NC
Put It On       F         Prime Movers Dance Concert, UNCG Dance Theater, UNCG, Greensboro, N	ebruary 26-27, 2010 NC
Self-Refraction, Departmental Concert, invited, UNCG Dance Theater, Greensboro, NC	December 4-5, 2009
<b>SOUP</b> structured multi genre movement and sound improvisation in perform Greensboro Fringe Festival, Greensboro, NC Guilford Grange, Greensboro, NC,	<i>ance</i> February 5-6, 2010 August 30, 2009
`\ <i>pálm plume plùmeria/'</i> Series of Seven, UNCG Dance Theater, The University of North Carolina at O	May 10, 2009 Greensboro, NC
<i>Dissolution, a series of reaction mechanisms</i> 2 <sup>nd</sup> year MFA student Choreography Showing, Sloan Theater, Greensboro, N	December 13, 2008 C
Palate Platter         UNCG Dance Theatre, Greensboro, NC         Annual Event Choreographers Showcase,         The North Carolina Dance Alliance (NCDA), The Historic Kirby Theat	May 11, 2008 October 18, 2008 ter, Roxboro, NC
<i>Nuclear Dreams</i> , co-choreographer, dancer, set designer and builder by Mascher Dance Group, Mascher Space Cooperative, Philadelphia, PA	June 7-8, 2007
<i>Vital and Vanishing</i> in collaboration with Jenny Roe Sawyer by Lo Roe Productions, Mascher Space Cooperative, Philadelphia, PA	May 17-19, 2007
Rosemary, That's for Remembrance	2007
Co-choreographer, Director, Camera Operator, Dancer, and Co-editor with N Screened at The Outlet Dance Project, Grounds for Sculpture, Hamilton, NJ	icole Bindler October 5, 2013
<i>Principle Sound</i> duet with Rebecca Patek Melinda Faylor's Areté Ensemble, Advent Lutheran Church, New York, NY	December 18, 2006
<i>The Lot Project</i> by Mascher Dance Group, Mascher Space Cooperative, Philadelphia, PA	December 2, 2006
<i>22 Forward</i> by Lo Roe Productions in collaboration with Jenny Roe Sawyer Lo Roe Productions Benefit Bash, Mascher Space Co-op, Philadelph <i>Philly Fringe Festival</i> , Gross McCleaf Gallery, Philadelphia, PA Se	

<i>Les Moutons De Panurge</i> composed by Frederic Rzewski Melinda Faylor's, Areté Ensemble, Church of Saint Paul and Saint Andre	August 18, 2006 w, New York City, NY
<i>Inhabitations</i> by Mascher Dance Group with Liza Clark, Rebecca Patek, <i>Part I-</i> Wissahickon Fairmount Park, Philadelphia, PA <i>Part II-</i> City Hall, Philadelphia, PA <i>Part III-</i> John Hines Nature Preserve, Philadelphia, PA	and Jenny Roe Sawyer July 16, 2006 July 26, 2006 August 13, 2006
<i>Re-directed Trajectory</i> <i>CEC New Edge Mix</i> , Community Education Center, Philadelphia, PA	January 13-15, 2006
<i>Gauge</i> in collaboration with Candice Lathrop <i>Philly Fringe Festival, Gross McCleaf Gallery</i> , Philadelphia, PA	September 13-17, 2005
<i>Well Folks</i> , <i>GLUE</i> , Community Education Center, Philadelphia, PA	May 1-2, 2004
Theater Choreography	
<b>Choreographer</b> , <i>Paradise Park Zoo</i> , written by Savannah Reich, directe The Sherwood Oak, Philadelphia, PA	d by Donna Oblongata July 24-28, 2014
<b>Choreographer</b> , <i>Once Upon A Mattress</i> , directed by Elaine Meder The Boal Barn Playhouse, State College, PA	Summer 2003
Traditional Indonesian Dance Performance	
Puspanjali, a refined Female Style Balinese welcome danceGamelan Semara Santi, Swarthmore College, PADec 4, 2005, Dec	2, 2012 & Nov 21, 2021
Danced Silisir Mulat Sarira and played Jegogan on Kakang-kakang Gamelan Semara Santi, Swarthmore College, Swarthmore, PA	April 14, 2019
Panyembrama, a Balinese welcome dance Gamelan Semara Santi, Swarthmore College, Swarthmore, PA Indonesia Cultural Club, Indonesian Festival 2011, Philadelphia,	December 2, 2018 PA September 17, 2011
<i>Bangau Raja</i> Gamelan Semara Santi, Swarthmore College, Swarthmore, PA	April 8, 2018
Selat Segara Gamelan Semara Santi, Swarthmore College, Swarthmore, PA April	12, 2015 & Dec 3, 2017
<i>Puspawresti</i> (1987), a Balinese welcome dance in the Classical style by B Gamelan Semara Santi, Swarthmore College, Swarthmore, PA April 17	•
<i>Rejang</i> , traditional Balinese ritual dance Gamelan Semara Santi, Swarthmore College, Swarthmore, PA Indonesian Cultural Club, The Parlor, Philadelphia, PA	April 15, 2012 March 17, 2012

Silisir Mulat Sarira (2002) choreography by I Nyoman Suadin to the traditional Bapang SelisirIndonesian Cultural Club, Andrea Clearfield's Salon, Philadelphia, PAMarch 25, 2012Indonesian Cultural Club, The Parlor, Philadelphia, PAMarch 17, 2012Gamelan Semara Santi, Swarthmore College, Swarthmore, PADecember 4, 2011
Randa Nabia, a folk dance from central SulawesiSeptember 17, 2011Indonesian Cultural Club, Philadelphia Magic Gardens, Philadelphia, PA
<i>Janger</i> (2008), Balinese style, choreography and music by I Nyoman Suadin April 17, 2011 Gamelan Semara Santi, Swarthmore College, Swarthmore, PA
Tari WanitaJuly 2008Çudamani Summer Institute, Gamelan ÇudamaniCremation Ceremony for Ida Tjorkorda Gede Agung Suyasa, Ubud Palace, Ubud, Bali, Indonesia
Contemporary Modern Performance
Dancer in 2023 by Christina GesualdiSeptember 5, 2023Icebox, Cannonball/Philly Fringe Festival, Philadelphia, PA
Dancer in R.I.S.E. (Relationship is Self Existing)September 14, 2019Directed by Asimina Chremos and Leah Stein, Philadelphia Fringe Festival, Philadelphia, PA
Mover and Vocalizer in Keening by Annie WilsonSeptember 6-8, 2019Bilialeen, Philadelphia Fringe Festival, Philadelphia, PA
Dancer in Skeleton Key by Curt HaworthAugust 17, 2017Frantasia, Livermore Falls, MEAugust 17, 2017MICI, Franklin & Marshall College, Lancaster, PAJune 23, 2017Unsafe and Intimate Places, Mascher Space Co-op, Philadelphia, PAFebruary 2-3, 2017
Dancer in Levee des Conflicts, Choreography by Boris CharmatzSeptember 10, 2016Philadelphia Museum of Art, Philadelphia, PA
Dancer for <i>The Naked Stark</i> , Choreography by Katherine Kiefer StarkThe One, the Other One, & the Many, Mascher Space Co-op, Phila, PASept 9-16, 2016The One, the Other One, & the Many, Mascher Space Co-op, Phila, PASept 9-16, 2016Looking for Judy, Your Move, Art House Production, Jersey City, NJMarch 11, 2016Goodnight War, Broad Street Ministry, Philadelphia, PASept 9-16, 2016Eulogy for War, Philly Fringe Festival, Mascher, Philadelphia, PASept 9-16, 2016March 11, 2016September 2012Goodnight War, Broad Street Ministry, Philadelphia, PAApril 19-21, 2012September 2-3, 2011July 22, 2011March 27-28, 2009
Dancer in In the Quiet Choreography by Jenny Roe SawyerJune 25-26, 2016From the Earth Dance Company, Morris Arboretum, Philadelphia, PA
Dancer and Contributor to Choreography, SP3November 6, 2015Choreography by Megan Bridge with music by Peter Price, the <fidget> space, Philadelphia, PA</fidget>

Old Languages, dancer/actress in music video by Lacy James	2012/2013
We the People by Lacy James/Mereminne DancersPhilly Fringe Festival, Washington Square Park, Philadelphia, PARe: Vision, New York, NY & Studio 34, Philadelphia, PAMarch	September 4 –5, 2011 h 26, April 2, 15-16, 2011
<i>Glimpse</i> choreographed by <b>Helen Simoneau</b> , <i>Departmental Concert</i> , UNCG Dance Theater, Greensboro, NC	April 23-24, 2010
The Gentleman, <i>Le Boeuf Sur le Toit</i> and A Swimmer, <i>Le Train Bleu</i> Recreated by Ann Dils, UNCG Dance Theater, Greensboro, NC	October 30-31, 2009
<i>Book of Rhymes</i> choreographed by <b>Augusto Soledade</b> <i>On the Edge of Red</i> UNCG Dance Theater, Greensboro, NC	August 28-29, 2009
<i>Would you please restate your answer in the form of a question?</i> Choreography by <b>Mark Dendy</b> , Durham Performing Arts Center, Durh	June 18-20, 2009 am, NC
<i>Design for Ten</i> choreographed by Jan Van Dyke <i>Faculty Artist Concert,</i> Aycock Auditorium, The University of North Ca	February 13-14, 2009 arolina, Greensboro, NC
What a quaint scene we were that nightMarch 30–April 1, 2007Choreographer: Melisa Putz, pima group, Community Education Center, Philadelphia, PA	
Thrash, dancer in dance/theater film by Headlong Dance Theater	2006
Drafting, performer in dance/theater film directed by Nichole Canuso a	and Geoff Sobelle 2005
<i>Drafting</i> , performer in dance/theater film directed by Nichole Canuso a Administration, Facilitation, and Curation Experience	and Geoff Sobelle 2005
Administration, Facilitation, and Curation Experience	
Administration, Facilitation, and Curation Experience Workshop Curator, CI Philly with Nancy Stark Smith, Nita Little, etc. Performance Curator, Semi-Composed: Chaos/Order in SoLow Fest, Mascher Space Cooperative, Philadelphia, PA	2014-present
Administration, Facilitation, and Curation Experience Workshop Curator, CI Philly with Nancy Stark Smith, Nita Little, etc. Performance Curator, Semi-Composed: Chaos/Order in SoLow Fest, Mascher Space Cooperative, Philadelphia, PA	2014-present June 16, 2023 , 2020 & March 20, 2021
Administration, Facilitation, and Curation ExperienceWorkshop Curator, CI Philly with Nancy Stark Smith, Nita Little, etc.Performance Curator, Semi-Composed: Chaos/Order in SoLow Fest, Mascher Space Cooperative, Philadelphia, PACo-curator, Digital Dissolving DoorsAugust 7	2014-present June 16, 2023 , 2020 & March 20, 2021 line April 23, 2021
Administration, Facilitation, and Curation ExperienceWorkshop Curator, CI Philly with Nancy Stark Smith, Nita Little, etc.Performance Curator, Semi-Composed: Chaos/Order in SoLow Fest, Mascher Space Cooperative, Philadelphia, PACo-curator, Digital Dissolving DoorsAugust 7Session Monitor, The Future of Contact Improvisation, Earthdance, only Facilitator and Founder, Philadelphia Compositional Improvisation La Founding Member, Curator, Education Coordinator	2014-present June 16, 2023 , 2020 & March 20, 2021 line April 23, 2021
Administration, Facilitation, and Curation Experience         Workshop Curator, CI Philly with Nancy Stark Smith, Nita Little, etc.         Performance Curator, Semi-Composed: Chaos/Order in SoLow Fest, Mascher Space Cooperative, Philadelphia, PA         Co-curator, Digital Dissolving Doors       August 7         Session Monitor, The Future of Contact Improvisation, Earthdance, only         Facilitator and Founder, Philadelphia Compositional Improvisation Lago	2014-present June 16, 2023 , 2020 & March 20, 2021 line April 23, 2021 ab Dec 2018-present
Administration, Facilitation, and Curation ExperienceWorkshop Curator, CI Philly with Nancy Stark Smith, Nita Little, etc.Performance Curator, Semi-Composed: Chaos/Order in SoLow Fest, Mascher Space Cooperative, Philadelphia, PACo-curator, Digital Dissolving DoorsAugust 7Session Monitor, The Future of Contact Improvisation, Earthdance, only Facilitator and Founder, Philadelphia Compositional Improvisation La Founding Member, Curator, Education Coordinator Impermanent Society of Philadelphia, Philadelphia, PA	2014-present June 16, 2023 , 2020 & March 20, 2021 line April 23, 2021 ab Dec 2018-present February 2015-present
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Administration, Facilitation, and Curation ExperienceWorkshop Curator, CI Philly with Nancy Stark Smith, Nita Little, etc.Performance Curator, Semi-Composed: Chaos/Order in SoLow Fest, Mascher Space Cooperative, Philadelphia, PACo-curator, Digital Dissolving DoorsAugust 7Session Monitor, The Future of Contact Improvisation, Earthdance, only Facilitator and Founder, Philadelphia Compositional Improvisation LaFounding Member, Curator, Education Coordinator Impermanent Society of Philadelphia, Philadelphia, PA-Old City Fest, curator, co-organizer -FebFest: Discordance, curator, co-organizer, MC -Pfff? (Philly Free Form Festival), curator, house manager -FormSmash, Tuning Workshop with Karen Nelson, co-coordinator	2014-present June 16, 2023 , 2020 & March 20, 2021 line April 23, 2021 ab Dec 2018-present February 2015-present October 2015 and 2018 February 16-18 2018 October 21-23, 2016 or October 17-21, 2016 <i>Dec 2015</i> , 2016

Member of the Board, Mascher Space Cooperative, Philadelphia, PAMember-at-largeMarch 2022-presentVice President (Board/Staff Liaison)December 2018-March 2022PresidentAugust 2013-December 2015	
Co-curator H-O-T Series of Philadelphia, Philadelphia, PAMay 2013-presentPresenting music and dance improvisation by touring and local artists in a monthly series	
Artist-in-Residence, Mascher Space Coop, Phila, PA Nov 2006-May 2007, Feb 2013-present	
Facilitator, A Philadelphia Sharing/Thanksgiving for Nancy Stark SmithMay 17, 2020	
<b>Programs Coordinator,</b> Mascher Space Cooperative, Philadelphia, PA July 2013-Nov 2016 Coordinated Mascher Microfestival, Fresh Juice, 10 year anniversary, NowHere Festival professional development events, assisted with Remix Festival at fidget space, and collaborated with Impermanent Society of Philadelphia and Swarthmore College	
Graduate AssistantAugust 2007-May 2010Department of Dance, University of North Carolina at Greensboro, Greensboro, NCPerformed administrative, organizational and managerial duties:- in the Dance Department video archives- as a House Manager and Stage Manager in the Dance Theatre- with the undergraduate and graduate admissions auditions- Assistant to the Editor of Dance Research Journal- Research Assistant to Professor Ann Dils	
Founder and Director, SOUP, a multi-genre improv performance series Aug 2009-Feb 2010	
Founding Member, Artist-in-Residence, & Rentals CoordinatorApril 2006-May 2007Mascher Space Cooperative, Philadelphia, PAApril 2006-May 2007	
Teaching Experience with Students ages 1-18	
Dance Teaching Artist (ages 3-18), Cardell Dance Studio, Philadelphia, PA Sept 2022-present	
Lead Outreach Teaching Artist (ages 5-13)October 2012-presentKoresh Kids Dance, Koresh Dance Company, Philadelphia, PA	
Dance and Visual Arts Teacher (ages 2-13)2013, 2015-presentUniversity City Arts League, Philadelphia, PA	
Creative Dance and Somatic Movement Teacher (ages 2-18)October 2012-presentLoren Teaches Movement, Various indoor and outdoor venues, Philadelphia, PA	
Guest Teacher, West Philly Girl Scouts (ages 5-9), Philadelphia, PAOctober 14, 2020Creative Community DanceSTEAM Dance class: Bee Waggle DanceFebruary 21, 2020	

Dance Teaching Artist (ages 5-10)January-March 2020Leah Stein Dance Company, Summit After School Program, Philadelphia, PA-improvisation, creative, and site specific dance	
Preschool Creative Movement Teacher (ages 2-5)July-August 2019Greene Byrne Child Care Center, Philadelphia, PA	
Creative and Modern Dance Teacher (ages 5-12)June-August 2019Performance Garage Outreach to Roberto Clemente City Recreational Center, Philadelphia, PA	
<b>Gymnastics and Dance Birthday Party Assistant and Leader</b> (ages 2-9) May 2019-July 2019 Philly inMovement / Mini inMovement, Philadelphia, PA	
<b>Teaching Artist</b> on dancing and drawing inspired by Trisha Brown (ages 3-9)May 18, 2019Fabric Workshop Museum and Fairmount Park Commission, Philadelphia, PA	
Guest Dance Teaching Artist (ages 1-5)October 12- December 7, 2018Moonstone Preschool, Philadelphia, PA	
Dance Teacher (ages 14-19)September 2016-December 2017John W. Hallahan Girls Catholic High School, Philadelphia, PA	
<b>Creative Movement, Preschool, STEAM Teaching Artist</b> (ages 3-11) Sept 2016-August 2017 Darlington Arts Center, Garnet Valley, PA	
Ballet, Pre-Ballet, Creative Movement Dance Teacher (ages 3-8)Sept 2015-January 2017Take the Lead Studio on Pine, Philadelphia, PA	
Creative Movement Story Time/Story Dance (ages 1-5)February 2013-June 2016Falls, Independence, and West Philly Free Libraries of Philadelphia, Philadelphia, PA	
Guest Artist on Dance/Music Connections in Improvisation (ages 14-18)March 23, 2016Collegiate School, Upper School, Richmond, VA	
Dance Teaching Artist (ages 11-14)September 2013-December 2014STEAM Afterschool Program, Philadelphia Arts in Education Partnership, Philadelphia, PA	
Dance Teacher & Choreographer (ages 8-14)January 2014- June 2014Allen M. Stearne Elementary School, Philadelphia, PA-Picasso Star Power Project for performing dance, music, theatre and building literacy	
World, Hip Hop, Creative Movement Teacher (ages 5-12)October 2010-May 2012Northeast Out of School Time Program of Catholic Social Services, Philadelphia, PA	
<b>Head of Middle School and Assistant to Upper School Dance</b> (ages 11-18) Oct 2011-Feb 2012 Friends Central Schools, Wynnewood, PA	
Enrichment Dance Teacher (ages 5-11)Summers 2011, 2010 and 2009Philadelphia Arts in Education Partnership, Philadelphia, PA at Bryant, Hartranft, & Morton	

<b>Modern and Hip Hop Dance Teacher</b> (ages 5-14) After School Activities Partnerships, Philadelphia, PA	2005-07, October 2010-May 2011
<b>Creative Movement, Ballet, Hip Hop Dance Teacher</b> (ages Napoli Music and Dance, Ardmore and Springfield, PA	3-13) September 2004-2007
<b>Modern Technique and Repertory Dance Teacher</b> (ages 6- Strawberry Hill, Centre Hall, PA	17) June 2003, 2006, and 2007
<b>Hip Hop and Modern Dance Teacher</b> (ages 5-9) Cheltenham Art Center Outreach, Glenside Elementary, Glens	March 2005-March 2007 side, PA
Dance Summer Resident Artist, Performance CampTeacher (age 3-adult)Summer 2005Abington Art Center, Jenkintown, PA	
<b>Dance Teaching Assistant</b> , Creative Movement (ages 3-12) Center for Creative Arts, State College, PA	Spring 2003, 1996-1998
Teaching Artist-in-residence (age 3-11) KIDsmART, Linden School, Elyria, OH Summer 2002	

### Publications and Presentations

The Ethics and Logistics of Re-entering Contact Improvisation During a Climate Change and Contact Improvisation; Connection and Commitme. The Future of Contact Improvisation, Earthdance, online	0
Contact Improvisation informing Compositional Improvisation The People's Intensive in Compositional Improvisation, Triskelion, Broo	July 27, 2019 klyn, NYC, NY
Creative Process in Collaborative Improvisation Borderlands Performance Series, DanceLab, Tijuana, Mexico	November 15, 2015
Creative Movement for 3-5 Year Olds: Two Successful Versions Dance Teaching Artist Group, The Performance Garage, Philadelphia, PA	October 5, 2014
Beyond the Hokey Pokey in StoryTime; Language and Movement Lucien E. Blackwell West Philadelphia Regional Free Library of Philade	March 14, 2014 lphia, PA
Visual Graph of Laban Movement Analysis Effort Elements, States, and Drives In <i>Everybody is a Body</i> by Karen A. Studd and Laura L. Cox, © 2013	
Dance in Early EducationWOberlin High School & KIDsmART conference, Oberlin, OH	Vinter 2003 & Fall 2002
Professional Development in Dance	
	1 2014

Movement Practice: Release based technique with Katherine Kiefer Stark	2014-present
Texas Dance Improvisation Festival, TWU, Denton, TX	October 5-7, 2023

Movement Intensive in Compositional ImprovisationSeptember 14-17, 2023with The Architects, Atland and Thayer Hill Studio, West Chesterfield & Worthington, MA	
Three Dimensional Contact Improvisation: fundamental practices for liberated danceswith Taja Will, The Whole Shebang, Philadelphia, PAJune 2-3, 2023	
Athletics of Intimacy with KJ Holmes, Mascher Space Co-op, Philadelphia, PA May 14, 2023	
Dilation and Contraction: a dance of life with Nuria Bowart (Contact Improv & Axis Syllabus),The Whole Shebang, Philadelphia, PAMarch 25-26, 2023	
Somatic Communication: How CI Prepares Us for the 21st Century and Moving Well Together:Relational Intelligence In Duet and Ensemble Practice with Nita LittleNov 11-13, 2022	
<i>Relational Intelligence At Home</i> with <b>Nita Little</b> , online March 2020- September 2022	
Critical Mass; CI @ 50 at Oberlin, Oberlin College, Oberlin, OHJuly 7-12, 2022Studied with mayfield brooks, Ann Cooper Albright, Ariadna Franco & Bobby Morris, AliciaGrayson, Nita Little, Nina Martin & Margaret Paek, Caterina Mocciola, & Olivia Shaffer.	
<i>Trauma Informed Practice for Teaching Artists,</i> <b>Bartol Foundation</b> , online Spring 2022	
<i>Movement Flow</i> with Ron Wood, Urban Movement Arts, Philadelphia, PA Spring 2022	
<i>Moving Alchemy</i> with Sara Shelton Mann, FRESH Festival, Zoom January 10-14, 2022	
<i>Capoeira Movement</i> with <b>Ron Wood</b> , Urban Movement Arts, Philadelphia, PA Fall 2021	
<i>Forms for Formless Nights</i> (Improvisation) with Megan Wilson, online Nov 17, 2021	
<i>Equilibrium and Flow</i> with Christine Cole, Art Room Studio, Philadelphia, PA Nov 5-7, 2021	
<i>Composing Emergence: Relational Practices in Performance Making</i> with Nita Little, online January-February 2021	
The Future of Contact Improvisation, Earthdance, onlineApril 23-25, 2021Presentations & classes from Fatima Adamu Good, Ann Cooper Albright, Keith Hennessey, LeslieHeydon, Ishmael Houston-Jones, Nita Little, Yuenjie Maru, Eroca Nicols, Kathleen Rea & Taja Wil	
<i>Centers of Practice: Continuing the Research of Nancy Stark Smith</i> with Sarah Young, Patrick Crowley, Ronja Ver, Jo Bruhn, Cristina Turdo, Earthdance, online January 13-17, 2021	
Anti-Oppression Training 101led by the Black and Brown Workers CooperativeMascher Space Cooperative, online/Philadelphia, PAAugust 9-11, 2020	
<i>Improvisation Assembly: Practice in Action</i> with the Architects, online July 24-26, 2020	
<i>Camp Design Online</i> with Lora Taub and Jordan Noyes, Muhlenberg College Summer 2020	
<i>Canvas, VoiceThread, &amp; Zoom Trainings,</i> online June-July 2020	
<i>Racism and the Dance World</i> with Karida Griffith, online June 6, 2020	

Material for the Spine by Steve Paxton with Otto Ramstad, Zoom, 8 hours	May 2020
Spiral Body Techniques With Molly Shannahan, Zoom	Spring 2020
<i>Embodiology, Africana-informed improvisation praxis</i> with <b>Dr. S. Ama Wr</b> Drexel University, Philadelphia, PA	<b>ay</b> January 10-11, 2020
<i>Keening</i> with Annie Wilson, Philadelphia, PA and Zoom Ju	uly 2019- April 2020
<i>Contact Improvisation and Alexander Technique</i> with Suzanne Liska and M. Leviathan, Lasqueti, British Columbia, Canada	1ark Young June 30-July 6, 2019
Simone Forti's Dance Constructions with KJ Holmes, MOMA, New York,	NY January 5, 2019
<i>National Dance Institute Training</i> with <b>Ballet X</b> , Philadelphia, PA Seg	ptember 24-28, 2018
<i>Red Square Practice</i> with <b>Barbara Dilley</b> , Elkins Park, PA	June 29-July 1, 2018
Movement Intensive in Compositional Improvisation with The ArchitectsFranklin & Marshall College, Lancaster, PAJune 19-24, 2017	& June 17-23, 2018
<i>a continuity of discontinuity or a way to practice dance</i> with <b>Deborah Hay</b> Mascher Space Cooperative, Philadelphia, PA	June 11-15, 2018
Moving Alchemywith Sara Shelton MannFDjerassi Resident Artists Program, Woodside, CAF	ebruary 17-22, 2017
Dance Games for Engagement and Empowerment with Bethany Formica Dance Teaching Artists Group (TAG), Philadelphia PA	October 30, 2016
Trio A with Pat Catterson, Philadelphia, PA	October 15-16, 2016
FormSmash, Tuning Workshop with Karen Nelson, Philadelphia, PA	October 17-21, 2016
<b>Overlapping Kinespheres</b> , Philadelphia, PA Personal Resonance with Michael Kiley & Contemplative Dance Practice with Asimina Chremos & Jude Robinson	June 16-19, 2016
The Prepared Body with Deborah Hay, Movement Research, New York, NY	Y. April 25-29, 2016
<i>Everybody Moves Festival</i> , Northampton, MA Contact Improvisation and related fields with Olive Bieringa, Otto Ramstad, Holmes, Daniel Lepkoff, Lani Nahele, Lisa Nelson, Steve Paxton & Moti Zem	
<i>Form in Question</i> , Ensemble Improvisation Conference, New York, NY Dolphin Dance Project (Chisa Hidaka, Ben Harley), iLand (Jenifer Monson) Collective, Gwendolyn Aiker, Melinda Buckwater, Kent De Spain, Margit Gau Maria Hodermarska, Lisa Nelson, Mary Overlie, & Susan Sgorbati.	e e

Making the Mystery Visible with Nancy Stark Smith, Philadelphia, PA December 12-14, 2015

NowHere Festival Workshop, Philadelphia, PA Improvisation in Performance with Michael Evans, Bhob Rainey and Leah S	October 19-23, 2015 Stein
<i>Center, Gravity, Rhythm: Global Forces in Dancemaking</i> workshops Mascher Space Cooperative in collaboration with Swarthmore College, David Zambrano, nora chipaumire, and Ziya Azazi.	Fall 2015 Philadelphia, PA
<b>Professional Training Program, Bates Dance Festival,</b> Lewiston, ME Underscore with Nancy Stark Smith, Contemporary Modern Dance with Kan Pilates with Robbie Cook & Spiraldynamik with Shonach Mirk Robles	Summer 2015 thleen Hermesdorff,
<b>Movement Improvisation Workshops</b> <b>Xfest,</b> Gateway City Arts Center, Holyoke, MA with Asimina Chremos and	February 28, 2015 with Joe Burgio
<b>Rolling on a Grassy Slope; An Intensive Workshop in Contact Improv</b> with Christ Church Neighborhood House, Philadelphia, PA	n <b>Martin Keogh</b> , February 7-8, 2015
Buildabridge Training in Trauma Informed Arts Education, Philadelphia,	PA January 31, 2015
<i>Improvisation Technique as Performance Practice</i> with <b>Zornitsa Stoyano</b> Mascher Space Co-operative and <fidget space="">, Philadelphia, PA</fidget>	<b>va,</b> January 16-18, 2015
<b>Workshop</b> with <b>luciana achugar</b> , Mascher Space Co-op, Philadelphia, PA <i>Work on movement technique, pleasure, voice, presence, political body</i>	October 6-10, 2014
<b>Cultivate Dance Festival</b> , Bethlehem, NH <i>Contemporary technique with Alexandra Beller, Alex Springer &amp; Xan Burley</i>	August 13-16, 2014 v, and Belinda He
Composition Workshop with Myra Bazell, Iron Factory, Philadelphia, PA	June 21, 2014
Franklin Method for Dancers with Shannon Murphy, Mascher, Phila, PA.	July 22-26, 2013
States of Grace with Nancy Stark Smith, Movement Research, New York.	March 6-10, 2013
Contact Improvisation/Improvisational CompositionJanuary 14-18, 2013Falls Bridge Workshop with Margaret Paek and Rebecca Bryant, Philadelphia, PA	
seeing.repeating.rituals with Jill Sigman, New York, NY	May 17-18, 2012
Dance with Anna Halprin, Kentfield, CA	September 2010
Çudamani Summer Institute a 3-week intensive in traditional Balinese danceSummer 2008Gamelan Çudamani, Pengosekan, Ubud, Bali, Indonesia	
Logomotion with Simone Forti, Before Zip, Orvieto, Italy	October 14-20, 2006
Comedy Improvisation Training and Performance	

*Comedy Improv 4* with **Rachel Semigran**, Crossroads, Philadelphia, PA June 14- July 19, 2023 with performance at Sawubona Creativity Project, Philadelphia, PA July 22, 2023

Comedy Improv 3 with Nick Gillette, Crossroads, Philadelphia, PAApril 27-June 1, 2023with performance at Plays & Players Theatre Skinner Studio, Philadelphia, PAJune 3, 2023Comedy Improv 2 with Sarah Clemency, Crossroads, Philadelphia, PA.Jan 11-Feb 15, 2023with performance at Plays & Players Theatre Skinner Studio, Philadelphia, PAJan 11-Feb 15, 2023Comedy Improv 1 with Kelly Conrad, Crossroads, Philadelphia, PASept 14- Oct 19, 2022

with performance at Plays & Players Theatre Skinner Studio, Philadelphia, PA Oct 29, 2022

#### Awards

**Recipient of Penn Treaty Special Services District (PTSSD) Sponsorship** to choreograph *Tidal River* and produce for the *Philadelphia 2021 Global Water Dance*, Penn Treaty Park, Philadelphia, PA developed Spring-Summer 2021, performed June 12, 2021

**Commissioned Choreographer**, *Between sky and Earth, everywhere flowers* for *En-Route: A Festival of Site Specific Dance* **Muhlenburg College**, Allentown, PA performed May 7-9, 2021

**Curator, Faculty, and Performer** of *Dissolving Doors; Festival of Compositional Improvisation,* supported by **PTSSD** funding, produced at Mascher Space Cooperative, Phila, PA June 19-23, 2019

Artist in Residency, mentored by Sara Shelton Mann at Djerassi, Woodside, CA, February 2017

**Performer and Curator of** *NowHere Festival of Free Improvisation in Sound and Movement* supported by **PTSSD** funding, produced at and in collaboration with Mascher Space Cooperative, Temple University, Girls Rock Philly, Philadelphia, PA, October 19-25, 2015

**Invited Performing Artist** to perform *Processional* in collaboration with Flandrew Fleisenberg at the Biennial of Performance and Sound Art, The Quarry, Acton, MA, September 7, 2013

**Invited Choreographer** in the **Philadelphia Dance Showcase**, Dance USA Philadelphia (DanceUP), Performance Garage, Philadelphia, PA, April 16, 2013

Invited Choreographer in Dance in Public Places, DanceUP, Galleria Mall, Phila, PA, Feb 2011

Recipient of DanceUP, Professional Development Scholarship, January 2011

**Teaching Assistant and MFA Scholarship Fund, University of North Carolina at Greensboro,** Greensboro, NC, August 2007-May 2010

Kohler Award for Internationalizing the Curriculum, UNCG, Greensboro, NC, Summer 2008

**Choreographer** with support as **CEC New Edge Mix Artist** from the Community Education Center, Philadelphia, PA to develop *Re-directed Trajectory* 2005-2006 and perform January 13-15, 2006

**Choreographer/Teaching Artist** with support from **Abington Art Center** as the **Summer Dance Resident**, Jenkintown, PA to develop and perform *Re-directed Trajectory*, Summer 2005

#### **Professional Affiliations**

Vervet Dance, Founding Artistic Director, Choreographer	2011-present
Mascher Space Cooperative, founding member	2005-2007, February 2013-present
Impermanent Society of Philadelphia, founding member	February 2015-2020
Dance USA/ Philadelphia member	2007, 2010-2015
North Carolina Dance Alliance member	2008-2010

References, Clearances, and more Contact information available upon request